

# ✧ Learn the Healing Art of Reiki ✧

## Usui Reiki Levels I & II Course

### ***What:***

Reiki is a form of Japanese relaxation and energetic healing using Universal Life Force Energy (Ki or Chi) to create balance and healing for one's self or others.

Participants of the Usui Reiki Levels I & II Course will experience personal healing and growth as well as becoming an Certified Usui Reiki Practitioner enabling them to provide Usui Reiki for others.

Aside from learning the history, purposes, benefits and applications of Reiki, participants will also learn about chakras, ethics, lineage and the principles of Reiki, etc. During the course, participants will receive the necessary Usui Reiki Levels I & II *attunements* and learn, hands-on, Distant Healing, and how to perform a Reiki session, etc. taught by Usui Reiki Master Teachers.

Upon completion of the course, each participant will have a packet containing:

- *Healing Art of Usui Reiki: The Pathway to Self-Discovery* Reiki Manual
- *Usui Reiki Precepts Cards*
- *Reiki Pocket Guide*
- *Usui Reiki I & II Lineage* certificate
- *Usui Reiki I & II Practitioner* certificate

### ***When:***

Level I - Friday, April 26, 2024 from 6:30 p.m. – 9:30 p.m.  
Level II - Saturday, April 27, 2024 from 9:30 a.m. – 4:30 p.m.

### ***Where:***

***Center for Inner Healing and Balance***

together with the

***Life Enrichment Center***

2405 E. Southern Ave, Suite 3, Tempe, AZ 85282  
(One block east of the 101 on the south side of Southern Avenue)

### ***Contact:***

Center for Inner Healing and Balance: (480) 487-5296

### ***Cost:***

\$450 (payable by cash, check, or card)

### ***Bring:***

bottle of water, socks, sweater or light jacket, also bring lunch on Saturday